

## HOUSE CUPS FOR SWIMMING.

In future the House Cup will be given for the total points obtained on the system given below and the Gardner Individual Cup for the Individual Race in this competition.

Every boy will be able to get points for his House upon his individual performance according to age on March 1st of any year. There will also be certain points for teams from Houses and points for the Life Saving Certificates held. The points will be awarded as follows:-

For places in individual races... 5, 3, 1.  
For place in team races... ... 8, 5, 3, 1.

### For Life Saving Certificates:-

Elementary Certificates...	...	5.
Intermediate Certificate..	...	10.
Bronze Medallion...	...	15.
Second Class Instructor...	...	15.
First Class Instructor....	...	20.
Award of Merit...	...	25.

The Races for the Classes will be:-

### Under 12.

1. Learners Race for those unable to swim on 1st May.
2. One Length Free style.
3. One Length Back Stroke.
4. One Length Breast stroke.

### Under 14½ Years.

1. One Length Free style.
2. One length Back Stroke.
3. One length Breast Stroke.
4. Free Style Relay of team of three at one length each.
5. Life Saving. Best style in first method of release with second method of rescue and also fourth method of rescue. (Two per House, each rescuing in turn).

### Under 16½ Years.

1. Two Lengths Free Style.
2. Two Lengths Back Stroke.
3. Two Lengths Breast Stroke.
4. House Relay Team of three at one length each *fructu*
5. Life Saving. Best style in first and second methods of release and rescue, and fourth method of rescue. (Two per House, rescuing in turn).

### Open Class, Over 16½ years.

1. Hundred yards Free Style. (The Gardner Cup will be given on this).
2. One Hundred Yards Back Stroke.
3. One Hundred yards Breast Stroke.
4. House Relay Team of three at two lengths each *fructu*
5. Life Saving. Best style in first and third methods of release and rescue, and fourth method of rescue. (Two per House rescuing in turn).
6. Plunge.

*E.F.*